

LGBT Adults and Allies of the LGBT Community are invited to join the LGBT Moveable Senior Center—a partnership among five Senior Centers in the Greater Hartford area to connect the LGBT community to mind -body-spirit, to each other and to services and supports for healthy aging!

## Newington Senior and Disabled Center 120 Cedar Street, Newington, CT October 16, 2015

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(860) 665-8778 or email dstone@newingtonct.gov

Schedule	Come for some, come for all! Not into formal activities? Cards, games and billiards are always available.
9:30	Welcoming Coffee+
10:00	Keynote Speaker: PFLAG!
11:00	Choose between a Zumba class or Paper Card Craft Class
12:00	Lunch (provided)
1:00	Choose between TED Talk's "50 Shades of Gay" followed by a facilitated discussion or try the game that is sweeping the nation, "Pickleball"!

If you require accommodations, including dietary, please let us know by October 2nd.

Look for the Moveable Senior Center in Bloomfield, Canton, Simsbury and Avon next!

The LGBT Moveable Senior Center is sponsored by CCCI as part of "Getting it Right": Creating an LGBT-Responsive Organization, a project funded by the John H. and Ethel G. Noble Charitable Trust and was guided by CT LGBT Aging Advocacy





